**CT3112 Professional  Skills**

**Health & Safety Assignment 2023\_24**

1. Log on to the Health & Safety Authority website’s video series at the following links:

<https://www.hsa.ie/eng/Workplace_Health/Manual_Handling_Display_Screen_Equipment/Risk_Assessment_Videos/Manual_Handling_Videos_Series_1/>

and:

<https://www.hsa.ie/eng/Workplace_Health/Manual_Handling_Display_Screen_Equipment/Risk_Assessment_Videos/Manual_Handling_Videos_Series_2/>

1. Select **one** of the following videos from the Manual Handling Video Series:
   * 1. Manual Handling from Mezzanine (Case Study 7)

**or**

* + 1. Patient Full Body Lift (Case Study 11)

Please clearly state which video you have chosen in your answer.

1. For the video you have selected please address the following:
2. Provide a‘**novel’** *alternative* risk control strategy to the one provided.
3. State how you are addressing each of the **specific hazards and risks** identified in the video.
4. Clearly state how your new strategy complies with **each** principle of the General Principles of Prevention (Safety Health and Welfare at Work Act 2005. Schedule 3). You must illustrate all nine principles in your answer – if a principle is not applicable to your risk control strategy, then state this rather than omit it.
5. Identify any new hazards which may be introduced with your new risk control strategy.

1. Support your answer using a clear, labelled sketch (this can either be hand drawn or using software).

1. Maximum two page submission (via Blackboard) to include text and sketch.

1. As with all reports, include references in a standardised format e.g. Harvard Referencing Style.

See: <https://library.nuigalway.ie/media/jameshardimanlibrary/content/documents/support/Citing-Guide-Harvard-style-24062014.pdf>

1. **Deadline for submission is Sunday April 14th at 23:00.**